

Brentry Primary Children's Anti Bullying Policy

At Brentry Primary School We Aim:

- To promise a welcoming, caring and safe environment for all.
- To prevent bullying of any form

What Is Bullying?

In our school a bully is someone who deliberately hurts, frightens or upsets someone more than once, and does it over a period of time.



It could be:

Physical: Punching, kicking, spitting, hitting or pushing.

Verbal: Name calling, teasing or spreading rumors.

Social: Leaving you out, ignoring you or trying to humiliate you

Cyber: Using technology to send hurtful comments or threats

The head teacher, the governors, the staff and the children will work together to-

- Make our school a place where everyone can feel safe and happy. That means no bullying allowed.
- Help everyone to get on with each other. We believe that everyone has the right to be who they are.
- Teach people to respect other people and value themselves.

Do

- **Tell someone!**

- Put your hands up in front of you as a wall
- Use eye contact and tell them to stop
- Hold your head up and your back straight
- Ignore them if you can
- Walk away from the situation
- Use the Worry Box

Don't

- Suffer in silence
- Do what they say
- Get angry or look upset
- Retaliate by hitting them
- Think it's your fault
- Hide it

Start
Telling
Other
People

**Tell these people if you
are being bullied**



A Helping Hand